

coté catering seasonal produce chart

eat. gourmet. today.

[WINTER]

arugula
apples
beets
belgian endive
bok choy
broccoli
brussels sprouts
cabbage
carrots
cauliflower
cherimoya
chestnuts
coconuts
cilantro
dill
dates
garlic
grapefruit
kale
leeks
mushrooms
orange
parsnips
parsley
pear
persimmons
pummelo
radicchio
radish
red currents
rutabagas
spinach
sweet potatoes
tangerines
turnips
winter squash
yams

[FALL]

acorn squash
apples
belgian endive
bok choy
broccoli
brussels sprouts
butternut squash
cauliflower
celery root
chayote squash
cherimoya
coconuts
cranberries
diakon radish
garlic
ginger
guava
huckleberries
kohlrabi
kumquats
mushrooms
parsnips
pear
persimmons
pineapple
pomegranate
pineapple
pumpkin
quince
rutabagas
sweet potatoes
swiss chard
turnips
hard squash
yams

[SPRING]

apricots
artichokes
asparagus
arugula
beets
broccoli
brussels sprouts
chives
cilantro
cabbage
carrots
cauliflower
collard greens
dill
english peas
fava beans
fennel
fiddlehead ferns
green beans
honeydew
mango
mint
morel mushrooms
mustard greens
oranges
leeks
limes
parsley
pea pods
pineapple
ramps
rhubarb
snow peas
sorrel
spinach
spring baby lettuce
strawberries
sweet corn
sugar snap peas
swiss chard
watercress

[EARLY SUMMER]

blackberries
corn
cucumber
eggplant
figs
melons
peaches
pears
basil
mint
garlic
green beans
chard
mustard greens
potatoes
yellow onions
white onions
red onions
okra
sweet peppers
hot peppers
radishes
summer squash
winter squash
tomatoes
turnips
vidalia onions

[LATE SUMMER]

apricots
beets
bell peppers
blueberries
boysenberries
cantaloupe
casaba melon
cherries
crenshaw melon
cucumbers
eggplant
figs
garlic
grapefruit
grapes
green beans
green peas
honeydew melons
kiwifruit
lima beans
lime
loganberries
nectarines
olalieberries
okra
peaches
persian Melons
plums
radishes
raspberries
strawberries
sweet corn
summer squash
tomatillo
tomatoes
watermelon
zucchini